



ARNPRIOR CHIROPRACTIC
HEALTH CENTRE

We are open! We are all very excited about getting back to what we love doing, treating you and helping you maintain an active, healthy life!

Throughout the Covid-19 quarantine and social distancing period we have done our best at ACHC to treat emergency and severe acute cases while halting non-essential services, as per Ontario Ministry of Health guidelines dictated to us. We have now been told to gradually resume regular services.

Please rest assured that the safety of our clients, and that of our staff, is of the utmost importance to us. We have developed procedures at ACHC that meet or exceed requirements and recommendations made by the relevant government and regulatory authorities. Some of these include:

- **A screening questionnaire** will be sent to you electronically 24 hours before your appointment. This pre-treatment screen must be filled out before each appointment.
- **You will be required to wear a mask, cloth masks are acceptable.** Please bring your own if you have one.
- **Do not bring anyone with you to your appointment.** If you require someone, please let us know in advance so we can decide with you the best course of action.
- **Please do not enter the clinic until 5 minutes before your appointment.** If you arrive prior to this, we ask that you remain in your vehicle until then.
- Hand sanitizing station at our entrance.
- Communication friendly clear barriers between you and our office staff.
- Wall and floor signage to remind you to practice physical distancing.
- We will be wearing masks and other personal protective equipment (PPE).
- Enhanced sanitizing of all surfaces in the clinic, including the treatment rooms immediately after each use.

For the foreseeable future, our interactions with each other across society are going to be different. This will require some patience on all our parts. A few reminders:

- Please be kind to our staff. We are doing our best to comply with requirements to keep you, and us, safe.
- Please be considerate of our staff and fellow clients and practice physical distancing, remaining 6 feet or 2 metres away from others whenever possible.
- Wear a mask. Wash your hands. Keep your hands away from your face.
- Please do not come to the office if you are experiencing any symptoms of cold or flu, including fever, cough, sneezing, running nose. If in doubt, please call or email us first and we will discuss the best course of action.

We look forward to seeing you! If you have any questions or concerns please do not hesitate to phone or email us and we will get back to you promptly.

Stay safe,

Your ACHC Team